



The Village News

Living Life to the Fullest

November 2017

San Clemente Village

Inspired by Vision

Directed by Mission

Guided by Values

Committed to Purpose



Jan Montague
President
San Clemente Village
Board of Directors

San Clemente Village
P.O. Box 5761
San Clemente, CA
92674

www.scvillage.org
949-441-1348
info@scvillage.org

In Touch

By Lois Stansel

A stroll to the neighborhood cluster of mail boxes can be a pleasant experience, with a chance to chat with neighbors along the way. But if you live alone and mobility is an issue, this daily trek---sometime as much as half a block---can be as impossible as climbing Mount Everest.

The United States Postal Service accommodates residents who are disabled and live alone with a program called “hardship mail delivery”. Upon approval, your regular mail carrier will deliver mail to a mail box on your property.

Making a request is fairly simple. At your next medical appointment, ask your physician for a letter on letterhead identifying your health conditions which makes walking to retrieve mail a dangerous activity. In addition, prepare and sign a letter stating that you live alone, and due to your physical limitations, cannot walk to your current mail box. Submit both letters to your local Post Office. Requests are considered on a case- by- case basis.

Once approved, you are responsible for installing a mail box on your property... You can check the USPS mail box size and location requirements online at <www.usps.conf/manage/mail/boxes.htm>

Need a ride to the Post Office or help with mail box installation? Call the Village at (949) 441-1348.

SCV Highlights



Birthday Celebrations!

San Clemente Village would like to take you out on the town for your birthday! Every member will receive a free meal and beverage, during their birthday Month!

If your birthday is in November, call us right away and register for one of the November Dining Events. You can choose either Dine Around, Lunch Bunch or Breakfast Club. Check the Event Calendar and call the SCV Event Line at 949-441-1348 to register.

Here are the lucky Members for November.

Chris Hoyt	11/04
Jean Murray	11/10
Tom Eidem	11/13
Kim Grote	11/24
Peggy Mulkay	11/25
Dawn Orrick	11/26
Mary Protheroe	11/28



The Village Responds!

Thanks to all of you that have taken the time to complete and return our first Member Survey - over 50% of you have responded and provided great feedback that we are using to develop our plans for 2018.

It's not too late to make sure your voice is heard! If you have not returned the survey already, please mail it back by November 10th. We will be sharing the overall results in December.



Left to Right: Matt Pisoni, Kay Childs, Beth Hasenbein, Jeralyn Peters, Jan Montague

SPECIAL THANK YOU TO EVERYONE WHO VOLUNTEERED AT THE SC OUTLETS FUNDRAISING EVENT!

We greeted hundreds of volunteers and shoppers, distributed lunch boxes and gift bags, collected trash, hosted wine and beer tastings, and shared information about San Clemente Village to everyone who would listen!

The smiling faces of San Clemente Village Volunteers and Members could be found in every nook and cranny of the all-day Event. Our efforts paid off and resulted in raising over \$540 for SCV. Thank you, to everyone who purchased a ticket and volunteered.

Village volunteers included Janis Sekutera, Matt Pisoni, Sherry Reams, Beth Hasenbein, Jan Montague, Sandi Shoden, Kay Childs, Jeralyn Peters, Melissa Joncich and Peggy & Barry Mulkay. Hats off to Peggy Mulkay -- who coordinated the volunteer participation. It is reported she had a smile for the entire day. We hope the volunteers had time to shop!

General Information

949-441-1348
info@scvillage.org

Board of Directors

President

Jan Montague
janm@scvillage.org

Vice-President

Ret Wixted
ret@scvillage.org

Secretary

Beth Hasenbein
bethh@scvillage.org

Treasurer

Bob Coff
bobc@scvillage.org

Diane Edwards
dianee@scvillage.org

Sherry Reams
sherryr@scvillage.org

Social Activities

Planned Events

Educational Programs
Recreational Activities
Volunteer Opportunities

Programs & Services

Home maintenance
Handyperson
Gardening
Electronics
Transportation
Friendly Visits
Phone check-ins
Computer Assistance
Pet care

On-Going Activities

Bridge
Table Tennis
Gentle Yoga
Genealogy Interest Group
Dine Around
Breakfast Club
Lunch Bunch
Movie Matinee
Cooking with Kim

Tips for Dedicated Village Volunteers

1. Take the time to go to the front door to meet and greet your Member when providing transportation.
2. Check your email daily, a couple times if you can, and ALWAYS respond either – Yes or No.
3. Consider helping with transportation services. Our members need your help getting to where they need to go.

Introducing Chair Yoga – Get Fit While You Sit!

Beginning Tuesday, November 7th the Village is proud to offer Chair Yoga. The class will be offered in the multi-purpose room of the SC Community Center, twice a month, with the second class scheduled for Tuesday, Nov. 28th. Chair Yoga offers participants the opportunity to work on gentle stretching, breathing and relaxation. The class will run from 30 to 40 minutes. Our instructor, Cay Varholick, has been teaching Gentle Yoga for the Village and wanted to offer this new class for Village Members. Cay comes to us with a Yoga Certificate Program from Saddleback College and has been teaching yoga for three years. Yoga benefits include increasing joint mobility and strength, improving balance and stability and improving cardio vascular health. “I always teach to each student’s needs, and I am looking forward to meeting new Village Members.” Cay says with a smile.

Thank you, to all who have given generously of their time, along with donations of food, artwork, supplies, door prizes, photocopies, stamps... and the list goes on and on... every gift is appreciated!

Special Recognition to the Following Donors and Supporters of San Clemente Village

- ★ Eileen Kawas
- ★ Al Swarts
- ★ Outlets of San Clemente
- ★ Maliha Zulfacar
- ★ Nancy Sutherland
- ★ Mr. & Mrs. Fliger
- ★ San Clemente Junior Women's Club



Tips for our Full-Service Members

- ☺ Need some help sprucing up the patio pots for Winter or pulling the Holiday decorations out of the attic? Or, maybe you would enjoy some company on a Beach Trail walk. We have Volunteers eager to assist. Call us at 441-1348 Monday-Friday from 9am-5pm and our Volunteer Service Coordinators will be happy to help connect you with one of our amazing volunteers.
- ☺ Did you know . . . the Village provided 91 transportation services and 27 in-home services for our members in the 3rd quarter (Jul-Sep) this year? That's more than double the number of services we provided in the 1st quarter. Thanks to all our fantastic volunteers for your assistance and to all our members for reaching out for support.