



The Village News

Living Life to the Fullest

July 2018

Summer Fun was truly FUN!

Despite the cloudy day, San Clemente Village members had a wonderful time welcoming summer season on Saturday, June 16th. Music, food, ping pong, sudoku, bean bag toss and even Bingo were enjoyed by all. “Just because I am older, doesn’t mean I don’t enjoy having a good time and maybe even acting a little silly.”, boasted Tom Shoden, Bingo winner.



Pam Walker



L. to R. Jeralyn Peters, Maria Gladd, Jan Lee-Thorp, Tom Shoden, Gordon Hasenbein



Ukulele Players

Our Wellness Journey

Last Month, we asked everyone to meet someone new and forge a new friendship. We hope you were successful and we know many people fulfilled that request at our Summer Fun event.

For July, SC Village is encouraging all of our Members and Volunteers to “Try Something New”. Please check out our **Event Calendar** and discover all of the opportunities we have available for you to move slightly out of your comfort zone. It’s time to explore new areas, learn new things and expand your horizon!

In Touch

by Lois Stansel



Lifestyle experts suggest that a hobby adds a positive element to one's life. Rock climbing, skateboarding, weight lifting—these activities are for the daredevils among us. A more relaxing hobby to consider offers the following benefits: Improvement of memory and concentration, good exercise for arthritic hands, can be done while watching TV, will help pass the time in the doctor's waiting room, and burns 50 calories per half hour. That hobby is knitting-- which I will admit, is also addictive.

Historically, knitting can be traced back to the 1400's. Fragments found were made by affluent men—using silk. Over the centuries, the role of knitter was primarily reserved for Grandma, who tried to pass the skill on to younger girls—often with no success. A resurgence in knitting came during World War II as khaki colored hand knitted woolen hats and socks were made for soldiers stationed overseas.

In 1990, knitting's popularity again surged when stars like Julia Roberts and Cameron Diaz proudly and publicly adopted the hobby. Today, thanks to the Internet, knitters have connected in support of each other by sharing patterns and techniques. Yarn and supplies are now a huge, huge business. Many thoughtful knitters also make hats for newborn babies and warm scarves for the homeless.

Several SC Villagers have asked about forming a beginner's knitting group, and if this appeals to you, contact me (Lois Stansel) through Jan Montague at janm@scvillage.org or 949-468-9201. Let's learn something new, together!

Welcome New Members

Mary Domenichini - Full Service

Catherine "Katie" Meaglia - Full Service

Village Volunteers



Brodie gets walked by Village Volunteer, Melissa Joncich

Welcome NEW Volunteer
Gavin Zanella!



Member Tip

It's Summertime, and the livin' is easy . . . but it is also vacation time for many of our volunteers! Please remember to get your Service Requests in to the office a week in advance to allow enough time for us to contact and confirm the right Volunteer. Remember to always make your requests through our office, not directly with volunteers.

Meet Marie Valore



Marie Valore and her husband Leonard moved to San Clemente with their four children in the mid-60's when he accepted an administrative position at the San Clemente High School. Moving from the desert to the beach was indeed a wonder and Marie has lived here ever since. Her husband passed away in 2009. A writer, she worked part-time for the Sun Post Newspaper and the San Juan Capistrano Dispatch when her children were young. Before that she wrote a weekly historic feature column for the Riverside Press Enterprise.

Marie later finished college and became a mental health counselor for the National Council on Alcohol and Drug Dependency. After retiring, she returned to writing—this time as a novelist. Her books are on Amazon Kindle. She is currently working on her twelfth novel. She is also an active member of the American Association of

University Women—and one of their oldest members--having joined in 1974. She adores the kind people she's met at the San Clemente Village and the help they have so generously offered her this past year.

Mark Your Calendars!

San Clemente Village will be closed on July 4th

With many of the Village Volunteers on vacation during the summer months, please make your requests at least five-seven days in advance.

Birthday Celebrations!



San Clemente Village would like to take you out on the town for your birthday! Every member will receive a free meal and beverage, during their birthday month!

If your birthday is in July, call us right away and register for one of the Dining Events. You can choose either Dine Around or Lunch Bunch. Check the Event Calendar and call the SCV Event Line at 949-441-1348 to register.

Here are the lucky Members for July.

Bob Coff 7/3

Jan Lee-Thorp 7/3

Cay Varholick 7/3

Dorothy Bickner 7/19

Richard Grigg 7/23



Climb Aboard... The Trolley is Back!

The San Clemente Trolley is back. You have probably seen the trolley cruising through town. The trolley is free and operates Wednesday through Sunday and operates about every 15 minutes. For trolley tracking contact www.sctrolley.com.

General Information

San Clemente Village
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Board of Directors

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Social Activities

Planned Events

Educational Programs
Living Well Initiatives
Social Activities

Programs & Services

Computer Assistance
Indoor & Outdoor Services
Gardening
Transportation
Ambassador Program
Phone Check-Ins
Pet Assistance

On-Going Activities

Bridge & Lunch
Ancestry Interest Group
Dine Around
Lunch Bunch
Breakfast Club
Movie Matinee
Technology Class
Volunteer Opportunities
Big Deal Meetings

SC Advisory Board

Cheryl McDowell, Non-Profit Insurance Expert, Ins. Solutions

Julie Schoen, JD, Deputy Director, National Center on Elder Abuse

Kevin Middleton, Branch Manager, F & M Bank San Clemente

Jeff Hartmann, Attorney, Estate Planning, Wills & Trusts

Debbie Rose, PhD, CSUF, Director, Center for Successful Aging

Christine Barone, Marketing Professional & Art4Healing Facilitator

Thank you

Members of the WeCare Committee,
Providence St. Joseph Health \$1,500

San Clemente Village is now a Founding Member of
Village Movement California

