



The Village News

Living Life to the Fullest

December 2018

Feeling grateful for each other at the Appreciation Luncheon!



Wishing Everyone a Happy Holiday Season and Happy New Year

If you want **2019**
to be your year;

Don't sit on the couch
and wait for it.

Go out. Make a change.

Smile more. Be excited.

Do new things. Throw away
what you've been cluttering.

Unfollow negative people on
social media. Go to bed early.

Wake up early. Be fierce.

Don't gossip. Show more
gratitude. Do things that

challenge you. Be brave.

Remember Them Always

In Touch, by Lois Stansel



Winter holidays are known for family get togethers and for building memories. For many Californians, recent wildfires imbedded memories of homelessness and even loss of family members. We are truly empathetic with our neighbors and grateful to be excluded from this year's list of tragedies, but we are also aware that wind-driven wildfires can strike anywhere.

On a warm, dry day In 1976, a welding mishap at Camp Pendleton caused a fire that burned over the ridge and encompassed 2400 acres, burning 16 homes and damaging 144 others in the area now known as Rancho San Clemente. The city of San Clemente was one of the first municipalities to pass a requirement for new construction to have indoor fire sprinklers, and later, to regulate Class A roof materials (non-burning) on new construction and additions.

National insurance organizations list the most common causes of house fires in this order: Cooking, heating, smoking, electrical equipment, candles, curious children, bar-b- ques, flammable liquids, faulty wiring and lighting. The actions of people cause 90% of fires.

Your SC Village white "Live Safe" binder has a section with valuable information on preparing for a disaster. Also, check online for < www.seniorsafetyreviews.com/tips-10most-recommended-firesafety-tips-for-seniors/>. Have a happy, relaxing and **safe** holiday season.

Happy Birthday!

San Clemente Village would like to take you out on the town for your birthday! Every member will receive a free meal and beverage, during their birthday month!



If your birthday is in December, call us right away and register for one of the Dining Events. Check the Event Calendar, register on-line or call the SCV Event Line at 949.441.1348 to register.

Here are the lucky Members for December.

Eleonora Whittaker

Donna Coff

Philip Foster

Carol Clift

Jan Montague

Jeralyn Peters

Let's all sign-up this month to enjoy a meal together at one San Clemente's dining spots. Remember to sign up through the SCV Event Calendar or by calling the SCV number at 949.441.1348.

Here's where we are going in December. Join the fun.

Dine Around. Fig @313, Dec. 13th 6:00 PM-7:30 PM. 313 N. El Camino Real

Lunch Bunch. Rockwell's Bakery & Café, Dec. 19th Noon-1:30 PM. Outlets of San Clemente

Breakfast Club. Pipes Café, Dec. 28th 9:00 AM-10:30 AM. 2017 El Camino Real

San Clemente Village Welcomes Executive Director



San Clemente Village (SCV) is pleased to welcome Jan Montague as their new Executive Director. Jan has served in an integral role with San Clemente Village for the past three years—as a SCV Volunteer Coordinator and as President, of the SCV Board of Directors.

For 40 years Jan has been a business owner, senior living executive, wellness expert and social gerontologist. Her focus has always been on the advancement and development of strategies

to reframe our cultural expectations about the aging experience through a wellness lens. Her life's passion, or calling, has been to empower older adults, and those who work with older adults, to expect and build positive health in all dimensions of their lives—physically, intellectually, socially, spiritually, emotionally, and vocationally. In 2016, Jan found a home with an organization that ties all of these past experiences together into the ultimate “Greater Good” experience—San Clemente Village.

Jan said she is delighted to step into her new role as Executive Director and looks forward contributing to the long-term success of SCV. Says Montague “San Clemente Village is a truly unique and incredible organization and one I’ve loved to support each day for the past three years. I look forward to using what I have learned to propel SCV to the next level. With so many talented and passionate Volunteers and Members, I’m confident we can work together to further our Vision and Mission of helping older San Clemente residents thrive and live well in their homes.”

Says SCV Board President Bob Coff, “I’m pleased to have the opportunity to work with someone like Jan who has so much experience and love for improving the quality of life of older adults. Her track record, personal commitment to excellence, advocacy, and proven leadership provides SCV with a natural transition and solid foundation for future growth and sustainability. Please join me in welcoming Jan.”

Mark Your Calendars

- SCV Phone Office Hours Mon.-Fri. 9:00 AM – 5:00 PM. Closed Weekends.
- SCV Phone Office Closed: Dec. 24th, 25th, 31st and Jan. 1st, 2019

Welcome New Members!

Claudette McGovern – Social
Norma Leszt - Full



Dear San Clemente Village Supporter,

A New Year is fast approaching and San Clemente Village is already preparing for the anticipated growth and sustainability needs of our organization. Today, we have close to 70 Members and 60 Volunteers who provided over 540 transportation opportunities, 250 home services, plus many social and educational events.

We would like to share with you a story written by Member, Lois Stansel:

It is much too easy to take for granted the services provided by SC Village. Take a moment to recall what it was like before joining. Back then, planning on an errand or to get a ride to an appointment included the problem "who should I ask to help me this time?"

What a wonderful difference after joining the Village. A SC Village Member can just relax after making a simple phone call to request a ride or a favor. How great to hear back that a Village Volunteer is indeed available and turns out to be a smiling, gracious and caring person. San Clemente Village is a registered 501 (c)3 non-profit organization that relies upon community support to augment membership fees. Did you know that a cash donation this year to SC Village can magically double in value....e.g. \$50 transforms into \$100? The McBeth Foundation has offered to match dollar-for-dollar every donation, grant, or fundraising effort of SC Village up to \$50,000.

We are asking you to join the San Clemente Village Board of Directors, Members and Volunteers in making a tax-deductible gift to support our organization in helping seniors thrive and live well in their homes. Please make your donation today to help us meet our Matching Challenge Goal as soon as possible. Complete the donation form and mail to San Clemente Village or, donate through our web site at www.scvillage.org. You can also complete your donation information by calling the SCV Office at 949.441.1348. We greatly appreciate your support.

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I will donate to San Clemente Village at the following level:

Friend \$____, Bronze \$50.00, Silver \$100.00, Gold \$300.00, Platinum \$500.00 Or, Super Supporter\$ _____

Name: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Make check payable to: San Clemente Village or by Credit Card (Visa, MC, AMEX, Discover)

Credit Card Number: _____ Exp. Date: _____ CCV: _____

Signature: _____ Date: _____

Please return this form with your check or credit card information to:

San Clemente Village
P.O. Box 5761
San Clemente, Ca 92674

General Information

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Jan Montague
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Planned Events

Educational Programs
Living Well Initiatives
Social Activities

Programs & Services

Computer Assistance
Indoor & Outdoor Services
Transportation
Ambassador Program
Phone Check-Ins
Pet Assistance

On-Going Activities

Bridge & Lunch
Dine Around
Lunch Bunch
Breakfast Club
Movie Matinee
Technology Class
Volunteer Opportunities

SC Village Advisory Board

Julie Schoen, JD, Deputy Director, National Center on Elder Abuse
Kevin Middleton, Branch Manager, F & M Bank San Clemente
Jeff Hartmann, Attorney, Estate Planning, Wills & Trusts
Debbie Rose, PhD, CSUF, Director, Center for Successful Aging
Christine Barone, Marketing Professional
Kathy Carchidi, Alzheimer's Orange County, Family Services Specialist

Thank you this month's Sponsors and Donors

McBeth Foundation: Member & Volunteer Appreciation Luncheon

Paula Kohl of Goldy Max Beads and Jewelry: Please visit the GoldyMax Booth at the SC Art Fair