



## San Clemente Village News *Living Life to the Fullest*

August 2019

**Thank You  
Donors  
& Supporters  
of San  
Clemente  
Village.**



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### **Attention Members**

Were you prepared for last month's "Shake, Rattle and Roll"? Earthquake Preparedness Information is in your SCV Live Safe binder. Please call the office if you have not yet received your copy. South Orange County Earthquake Plan can be downloaded by typing into your browser: <http://www.readyoc.org/prepare/be-informed.html>

### **In Touch** by Lois Stansel



One hundred eighty-one miles separate Ridgecrest, California from San Clemente. Yet the recent quakes centered in Ridgecrest were a vivid reminder that our preparedness and knowledge may be needed in just seconds, without warning.

You should have in your white San Clemente Village 3-ring binder a comprehensive brochure designed for Californians, entitled "Staying Safe When the Earth Shakes". Read the brochure carefully, particularly about your personal plan and preparation.

If shaking begins:

1. Stay inside...much safer than going outdoors.
2. Duck and cover under a sturdy table or desk; hold on to the desk frame or table leg.
3. Crouch over...on your knees, cover your head and neck with your arms.
4. Stay there until shaking stops but be prepared to return if shaking returns.
5. If you are in bed, stay there or on the floor next to your bed. Cover head with pillow.
6. In a car, pull over and park away from overhead wires or overpasses.

## What Protection Do Earthquake Policies Offer?

By Cheryl McDowell, V.P. SC Board of Directors

Many people do not realize this, but most homeowner's policies do not include earthquake coverage. You will need to purchase either a supplemental policy to your current homeowner's policy, or a separate earthquake insurance policy. Automobile insurance policies generally cover vehicles for earthquake damage under the optional comprehensive portion of the policy.



Earthquake policies typically cover damage to your house and your belongings, up to the insured amount. If possible, you'll want to buy enough to cover the cost of rebuilding your house and replacing your belongings. While your standard homeowner's policy may cover fire damage that results from an earthquake, an earthquake policy is important to cover damage that results from shaking, such as structural collapse or items falling off shelves.

When buying a policy, you should read it closely to be sure you understand what is covered and what is not. Find out if it covers your house only or the garage as well, whether it will cover additional living expenses if necessary, along with any other exclusions or limitations. You also should know how much time you have to file a claim following a quake, as damage is often not apparent immediately after the incident. Each policy is different.

### ***Need Something Fixed Around the House or in the Yard?***

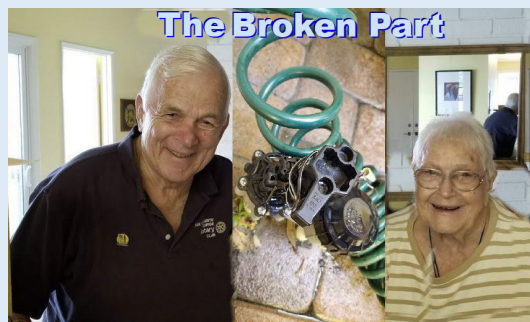
Did you know there are Village Volunteers ready to assist with tasks in your home or yard? Do you need a sprinkler repaired? How about a smoke detector battery replaced? Need a new lock on your gate? Or, a garage cleaned out? How about a squeaky door silenced? Need some sad looking potted plants removed or replanted?

If so, we are waiting to hear from you!.

Though we can't provide help that normally requires a licensed business, we can do a lot and with a smile. Call the Office and ask for a Service Request **NOW**.

Jim Rutter & Richard Ford provided some minor fixes to Lora's sprinklers and that makes her a happy Village Member.

Pictured: Volunteer Jim Rutter, Village Member Lora Ward and replaced parts!



## Potlucks are Fun – Join us at the End of Summer Potluck

Say goodbye to Summer 2019 with Village volunteers, members and guests. SC Village will be hosting the End of Summer Potluck at the historical San Clemente Hotel on August 26<sup>th</sup> from 5:30 to 7:00. The hotel is downtown at 114 Del Mar. In addition to street parking, there is parking behind the hotel. Volunteers & Members joining us bring a salad, appetizer, dessert or a favorite side dish. The Village will provide drinks and the entrée. Guests are welcome, but everyone needs to register. Call the SCVillage Office at 949.441.1348 or [register on our website](#). See enclosed Flyer for more information.



## Happy Birthday!

San Clemente Village would like to take you out on the town for your birthday! Every member will receive a free meal and beverage, during their birthday month!

If your birthday is in August, call us right away and register for one of the Dining Events. Check the Event Calendar to [register on-line](#) or call the SCV Event Line at 949.441.1348 to register. Here are the lucky Members for August:

**Laura Vail 8/14, Tom Gladd 8/16, Antoinette Taylor 8/18, Dorris Brent 8/20, Kathleen Scopaz 8/25, Larry Cohen 8/26, Dianne Testolin 8/28**

Let's enjoy a meal together at one San Clemente's dining spots. Remember to sign up through the SCV Event Calendar or by calling the SCV number at 949.441.1348.

**Here's where we are going in August. Join the fun!**

Dine Around: Harpoon Henry's 6-7:30 PM

Lunch Bunch: Café Calypso 12-1:30 PM

Here's another easy way for you to support San Clemente Village. If you shop through Amazon, designate San Clemente Village as the non-profit you would like to support. The program is called Amazon Smile and SCV will receive .05% of every purchase amount.

Click on or type in your web browser this link to register San Clemente Village as your Donor Organization.

<https://smile.amazon.com/ch/47-4007960>

**Support  
San Clemente Village.**

When you shop at [smile.amazon.com](https://smile.amazon.com),  
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)

**amazon**smile

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San Clemente Village Members, Volunteers and Guests  
**JOIN US FOR AN END OF SUMMER  
POTLUCK**

At the San Clemente Historic Hotel  
114 Del Mar, San Clemente, CA 92672  
Public Parking is available behind the hotel.

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**Monday, August 26<sup>th</sup>, from 5:30 pm – 7:00 pm**

Please RSPV to: 949.441.1348 or [info@scvillage.org](mailto:info@scvillage.org)

San Clemente Village will provide the entree and beverages. Everyone is asked to bring an appetizer, salad, or dessert. We're looking forward to seeing you!

[Click Here To Register On-Line](#)



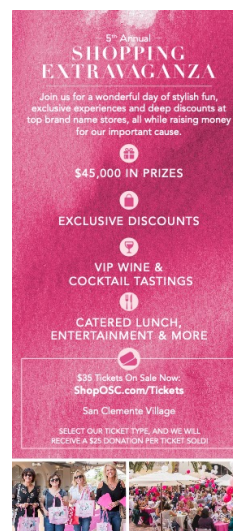
**San Clemente  
Village**



## San Clemente Village Fundraising Event

Support our **FUN** Fundraising Event by Purchasing a Ticket for the 5th Annual Shopping Extravaganza at the Outlets at SC. For every ticket purchased, earmarked for “San Clemente Village”, we will receive \$25.00. Last year we raised \$1,765. This year our goal is \$3,000!

If you need some help registering, just call the Village at 949.441.1348. Each ticket will qualify for the McBeth Foundations’s Matching Challenge Award. SCV will receive \$25.00 from the Outlets for each ticket sold AND we will receive \$25.00 from our Matching Challenge Grant. Let’s buy those tickets! San Clemente Village is sending Step-by-Step Registration Instructions to all Members and Volunteers.



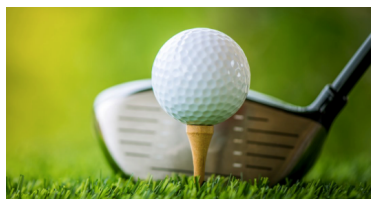
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## Mark Your Calendars for the Following Programs

- Casa Romantica Tour & Lunch 9/24
- Cannabis Educational Presentation 10/2
- Outlets of SC Fundraising Event for Non-Profits 10/5

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## Attention all Social Members



SCV is starting a golf group as a new social program. The group will play at San Clemente Municipal Golf Course and players of all skill levels (including those of you who have never played before) are welcome. A few sets of clubs are available to borrow on a first come, first serve basis.

Please contact Gavin Zanella at [gavinzanella@icloud.com](mailto:gavinzanella@icloud.com) or call the SCV Office at 949.441.1348 to get your name on the list. For those of you who are interested, we will be having a meet up at the Talega driving range in the near future, be sure to check your email for a “Survey Monkey” scheduling poll.

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## We’d like to say Thank you to the following Members for Renewing!

Lora Ward, Marie Valore, Alma Savage, Roger Ross,  
Jan Lee-Thorp, and Jane Mertens

## A Hearty Welcome to our new SCV Advisory Board Members



**Carolyn Novotny** has been a supporter of the San Clemente Village since attending the first meeting introducing The Village to San Clemente. She understands the importance of keeping our Senior Population healthy, independent, and thriving in their environment. Her own mother is a Charter Member, first as a Social Member and now a full Member. After retiring from over 35 years as an Insurance Broker, she is devoted to making sure that our Senior Population and their loved ones know their options when making some difficult decisions as we all mature.

In her spare time, she has volunteered for many organizations and has been part of the Pasadena Tournament of Roses Association for the past 23 years. She enjoys camping and gardening.



**Dr. Obaidi** and ODental dental office is located in the beautiful city of San Clemente. Dr. Obaidi began his career in dentistry with the strong desire to help others and their quality of life. He believes that each patient should be treated like family. With this philosophy, he explains treatment thoroughly and takes a conservative approach with the newest advancements in dentistry to preserve as much tooth structure while reaching the best aesthetic results.

Dr Obaidi takes care of an extensive population of older patients as it is truly a passion of his. He has taken several hours of continuous education in the discipline of Geriatric Dentistry. He is in-tune with his patients and coordinates their care with other health care providers to ensure safety and best outcomes. He also has training and experience in working with patients who have dental anxiety and/or phobias.

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## San Clemente Village Volunteer Team Continues to Grow!



Please welcome our newest Volunteers:  
L. to R. Michele Rutter, Jim Rutledge,  
(Ret), Loretta Busam, Frank Busam, Sofia  
Fligiel

### Volunteer & Member Tips

**Volunteers** - We know summertime is vacation time! Please let your Volunteer Coordinator or the SC Office know if you will be on vacation.

**Members** – With so many vacations happening, the office needs a little extra time to connect you with a volunteer. Please call the Office as early as possible.

**Volunteers & Members** – If you make a reservation and things change and you cannot attend, no big deal, but please call the Office.

**Volunteers** - If you bring someone to an event, we would love to have you stay, but please register through the Office.

**SCV Office 949.441.1348**



# San Clemente Village

## August 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2	3
4	5	6	7 <a href="#">Movie Matinee</a> <a href="#">TBD</a>	8 <a href="#">Dine Around</a> <a href="#">Harpoon</a> <a href="#">Henry's</a> <a href="#">6:00-7:30 PM</a>	9	10
11	12	13	14	15	16	17
18	19	20 <a href="#">Bridge 11:30-2:30</a> <a href="#">&amp; Lunch</a> <a href="#">@Wedgewood, SC</a> <a href="#">Golf Course</a>	21 <a href="#">Lunch Bunch</a> <a href="#">Café Calypso</a> <a href="#">12:00-1:30 PM</a>	22	23	24
25	26 <a href="#">End of Summer</a> <a href="#">Potluck 5:30-</a> <a href="#">7:00 Café</a> <a href="#">Calypso</a>	27 <a href="#">Exploring</a> <a href="#">Technology-</a> <a href="#">What are the</a> <a href="#">Risks?</a>	28 <a href="#">Dine Around</a> <a href="#">Harpoon</a> <a href="#">Henry's</a> <a href="#">6:00-7:30 PM</a>	29	30	31

### Notes

SCV Office Hours Monday-Friday 9:00 AM-5:00 PM

949.441.1348

[www.scvillage.org](http://www.scvillage.org)

[info@scvillage.org](mailto:info@scvillage.org)



## General Information

San Clemente Village  
P.O. Box 5761  
San Clemente, CA 92674  
949-441-1348  
[info@scvillage.org](mailto:info@scvillage.org)

## Board of Directors

### President

Bob Coff  
[bobc@scvillage.org](mailto:bobc@scvillage.org)

### Vice President

Cheryl McDowell  
[cherylm@ins-solutions.com](mailto:cherylm@ins-solutions.com)

### Secretary

Beth Hasenbein  
[bethh@scvillage.org](mailto:bethh@scvillage.org)

### Treasurer

Steve Walrath  
[steve@scvillage.org](mailto:steve@scvillage.org)

### Directors

Diane Edwards  
[dianee@scvillage.org](mailto:dianee@scvillage.org)

Sherry Reams  
[sherryr@scvillage.org](mailto:sherryr@scvillage.org)

Bob Spidell  
[bobs@scvillage.org](mailto:bobs@scvillage.org)

### Executive Director

Jan Montague  
[janm@scvillage.org](mailto:janm@scvillage.org)

## Planned Events

Educational Programs  
Living Well Initiatives  
Social Activities

## Programs & Services

Computer Assistance  
Indoor & Outdoor Services  
Transportation  
Village Guide Program  
Phone Check-Ins  
Pet Assistance  
Medical Scribe

## On-Going Activities

Bridge & Lunch  
Dine Around  
Lunch Bunch  
Movie Matinee  
Exploring Technology  
Volunteer Opportunit

### SC Village Advisory Board

Julie Schoen, JD, Deputy Director, National Center on Elder Abuse  
Kevin Middleton, VP, Branch Manager, F & M Bank San Clemente  
Jeff Hartmann, Attorney, Estate Planning, Wills & Trusts  
Christine Barone, SCV Outreach Coordinator & Marketing Professional  
Kathy Carchidi, Alzheimer's Orange County, Family Services Specialist  
Debbie Rose, PhD, CSUF, Dept. Kinesiology & Center for Successful Aging  
Dr. Anmar Obaidi, ODental, San Clemente  
Carolyn Novotny, Access to Senior Care