



February 2020

AGING.  
BETTER.

## Good Times for Good Deeds

Everyone had a fabulous time celebrating Geneva Matlock's Birthday and her generous donation to the I LOVE SAN CLEMENTE VILLAGE MATCHING CHALLENGE CAMPAIGN. THANK YOU GENEVA!



### I Love San Clemente Village Matching Challenge

Please donate **TODAY** to San Clemente Village.

We are over halfway to our Goal of \$25,000. Remember every amount donated is matched "dollar-for-dollar" through a generous award from the McBeth Foundation. Donation form is available on the next page of the newsletter. Or, you can send in your donation via our web site:

[www.scvillage.org](http://www.scvillage.org). We greatly appreciate your support.

Thanks to all who participated.

## I Love San Clemente Village - Matching Gift Campaign

We are so thankful for the generosity of the McBeth Foundation's matching gift award. Every donation we receive will be matched dollar for dollar. Our 2019-2020 Goal is to reach **\$25,000!** We know this is possible with your support. Total raised to date: \$14,900!

### Super Supporter \$10,000: Geneva Matlock

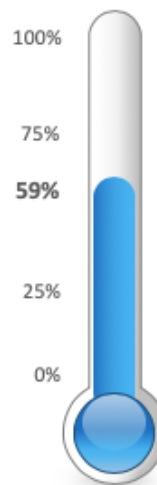
**Platinum \$5000:** Your Name HERE!

**Gold \$500:** Dr. Diane Edwards, Steve Walrath, Outlets of SC Fundraiser, F & M Bank, Linda McMahon

**Silver \$100:** Claudette McGovern, Norma Leszt  
Lois Stansel, Melissa Joncich, Gloria Sharp, Julie Schoen,  
Maria and Tom Gladd, Ret Wixted, Laura Vail, Linda Howard,  
Jean Stenzel, Sue Lueders, Dale and Leo Larsen

**Bronze:** Kathy Tharp, C. B. & Janet Armstrong, Marie Valore,  
Sophie Kostechko, Eleonora Whittaker, Della Frankel,  
Jean Stenzel, Jan Montague, Christine Barone, Ruby's Diner,  
Iran Kayhaan

SCV Matching Challenge Award  
Goal \$25,000



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\_\_\_\_ Yes, I want to support San Clemente Village by making a tax-deductible gift, to be matched—dollar-for-dollar by the McBeth Foundation. For Example—Your \$50 donation will become \$100. Your \$100 donation will become \$200. Your \$500 donation will become \$1,000.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make check payable to: San Clemente Village or by Credit Card (Visa, MC, AMEX, Discover)

Amount: \_\_\_\_\_ In Memory: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CCV: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please return this form with your check or credit card information to:

San Clemente Village

P.O. Box 5761

San Clemente, Ca 92674

OR, donate online at [scvillage.org](http://scvillage.org)

There is a \$500 Credit Card Limit when you pay on-line. Please mail your Check to San Clemente Village for donations greater than \$500.



## Happy Birthday!

San Clemente Village would like to take you out on the town for your birthday! Every member will receive a free meal and beverage, during their birthday month! If your birthday is in February, call us right away and register for one of the Dining Events.

Check the Event Calendar to [register on-line](#) or call the SCV Event Line at 949.441.1348.

### Here are the lucky Members for February!

2/3 Pam Walker

2/25 Marie Valore

Let's enjoy a meal together at one of the area's dining spots. Remember to sign up through the [SCV Event Calendar](#) or by calling the SCV number at 949.441.1348.

### Here's where we are going in February - Join the fun!

Dine Around: Barnoa Wine Company 6-7:30 PM

Lunch Bunch:, El Jefe. 12:00 – 1:30 PM



Need transportation to Church? Call the Office.  
949.441.1348

**MEMBERS--Do you have trouble getting your garbage cans to the curb and back? Here's important information from CR & R!**

CR & R calls this "Walk In Service" and there is no charge. All you need is a note from your MD saying you cannot physically manage getting the trash can to the curb and back and that there is no one else "able bodied" in the home. Send this information, along with your name, address, phone number and location of cans. Please not, your information must be faxed or e-mailed to CR & R. e-mail: [CSStanton@CRRmail.com](mailto:CSStanton@CRRmail.com) FAX: 714..890.0961

Please call the Village at 949.468.9201 and we can help you get signed up!



# Valentine Celebration

San Clemente Village Members, Volunteers and Guests  
Join us in a celebration of Valentine's Day.

Special music by Marcia Brannon's  
*Harp of Grace*



Delicious beverages and appetizers. We'll have plenty of  
fun playing Bingo and Trivia games.

Guests are welcome for a \$10.00 fee. All Guests must be  
registered and can pay \$10.00 at the door.

When: Sat. Feb. 8<sup>th</sup> 2:00 – 4:00 PM

**Doors Open at 1:55 PM!**

Where: Baha'i Center. 3316 Avenida Presidente

**Easy Parking!**

Register thru the [Event Calendar](#) at SC Village or call  
SCV at 949.441.1348



# BINGO BASH WAS A BLAST!



## In Touch

## Lois Stansel

February is the month when recognition is given to former United States presidents and when affection is expressed on Valentine's Day to individuals we love. Let us not forget those individuals who work behind the scenes to add pleasure to our lives...those we may even take for granted. For nearly every SC Village event--a group of creative, yet unassuming volunteers, work together to plan and carry out their ideas to make our otherwise bland meeting space more inviting. Everything from tablecloths to favors to centerpieces and tasty treats appear as if by magic. Cleaning up afterward is also on their agenda.

It is appropriate and timely to give recognition and thanks to the following committee members:

**Ret Wixted, Sherry Reams, Maria Gladd, Pam Walker, Carol Cliff, Kathy Oshima, Carolyn Novotny, Bob Coff, Annmarie Koppang, Cheryl McDowell, Sylvia Stevenson, Krissi Metcalf & Laurie Wickham**



## **Move More, Sit Less: A Prescription for Healthy, Fall-Free Living**

**Debbie Rose, PhD, FNAK**

Chair, Department of Kinesiology, CSUF  
Co-Director, Center for Successful Aging, CSUF

During this lively seminar, we will explore the important relationship between healthy living and fall risk reduction. You will learn how to improve quality of life through strategies designed to increase one's physical activity level—regardless of age or ability. Please bring your questions.

**DATE & TIME:** Mon., Feb. 17, 2020 5:30-6:30 PM

**PLACE:** SC Community Center, Fireside Room  
100 Calle Seville, San Clemente.

- Doors open at 5:15 PM Light snacks provided.
- No Cost.
- This program is open to SCV Members, Volunteers, Guests and the Community.
- Please register by Feb. 14<sup>th</sup>, 2020 through the Event Calendar at [www.scvillage.org](http://www.scvillage.org) or by calling the office at 949.441.1348.



# San Clemente Village's Cooking Class at Oliver's

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Learn how to prepare a healthy and creative meal with your  
San Clemente Village, Member & Volunteer friends.

**Tastings from the Winter Healthy Dining Menu Include:**

Beet Riccota Hummus, Zucchini Lentil Fritters with Lemon Yogurt,  
Spicy Coconut Grilled Chicken Thighs and  
Gluten Free Chocolate Cream Pie

Regular Fee \$35.00. Village Members \$25.00  
Bring Your Wine!

**When: February 23, 2020 from 5:30 PM – 7:00 PM**  
**Where: Oliver's, 211 Avenida Del Mar, San Clemente**

Please Register on the SC Village Calendar at [www.scvillage.org](http://www.scvillage.org)  
or Call the Office at 949.441.1348

Mail your payment of \$25.00 to SCV  
P.O. Box 5761  
San Clemente, CA 92674  
OR

Pay online through the SCV Calendar at [www.scvillage.org](http://www.scvillage.org)  
Payment must be received by February 13th

**Space is Limited to 15!**

Doors Open at 5:00 PM



# Welcome New SCV Board of Directors

## **Julie Schoen, JD, Director**



Julie brings her passion for all aspects of aging issues to her role as Deputy Director of the National Center on Elder Abuse (NCEA) at the Keck School of Medicine at USC. She is an attorney with a strong background in Medicare Advocacy who is now having impact in the area of Elder Abuse. Like you, she hopes to build public awareness by collaborating with experts in the field.

She is an active board member of the Elder Financial Protection Network (EFPN) and the National Organization of Victim Assistance (NOVA). Julie's influence in the aging field has been well documented in the Wall Street Journal, the New York Times and USA Today as well as frequent guest appearance on KFWB, Talk Radio, Money 101.

Before joining the NCEA team at USC, Julie devoted the first 20 years of her career as the director of the Health Insurance Counseling Advocacy Program and the CA Senior Medicare Patrol. Julie is a graduate of the University of Wisconsin Madison and has lived in Orange County for the past 30 years with her husband Jim and daughter Emily.

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## **Chase Metcalf, Director**



Chase has worked in the financial services industry for more than 5 years and began serving as a Financial Advisor with the Metcalf Wealth Management Group in 2018. Prior to that, he served as an Operations Clerk from 2013 to 2014 and a Client Service Associate from 2015 to 2018.

Chase has a Bachelor of Arts, Business Administration with a concentration in Finance, California State University- Fullerton. He is an Orange Coast College Community Education Instructor and serves on the Board of Directors of San Clemente Village.



# February 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1
2	3	4	5 <a href="#">Movie Matinee TBD</a>	6	7	8 <a href="#">Valentine Celebration 2-4PM</a>
9	10	11 <a href="#">Bridge, 11:30-2:30 &amp; Lunch Wedgewood Restaurant @SC Golf Course</a>	12	13 <a href="#">Dine Around- Barno Wine Company 6- 7:30 PM</a>	14 Valentine's Day	15
16	17 <a href="#">Move More, Sit Less. Educational Program 5:30- 6:30</a>	18	19 <a href="#">Lunch Bunch El Jefe Café' 12-1:30 PM</a>	20	21	22
23 <a href="#">Oliver's Cooking Class 5-7:00 PM</a>	24	25 <a href="#">Exploring Technology- Maximize Your Cell Phone</a>	26 Dine Around- Barno Wine Company 6- 7:30PM NOT OPEN FOR RESERVATIONS	27	28	29

## Notes

To register for programs or events, call the SCV Office at 949.441.1348  
or on the Event Calendar at [www.scvillage.org](http://www.scvillage.org)

## General Information

San Clemente Village  
P.O. Box 5761  
San Clemente, CA 92674  
949-441-1348  
[info@scvillage.org](mailto:info@scvillage.org)

## Board of Directors

### President

Bob Coff  
[bobc@scvillage.org](mailto:bobc@scvillage.org)

### Vice President

Cheryl McDowell  
[cherylm@ins-solutions.com](mailto:cherylm@ins-solutions.com)

### Secretary

Beth Hasenbein  
[bethh@scvillage.org](mailto:bethh@scvillage.org)

### Treasurer

Steve Walrath  
[steview@scvillage.org](mailto:steview@scvillage.org)

### Directors

Diane Edwards  
[dianee@scvillage.org](mailto:dianee@scvillage.org)

Bob Spidell  
[bobs@scvillage.org](mailto:bobs@scvillage.org)

Julie Schoen, JD

Chase Metcalf

### Executive Director

Jan Montague  
[janm@scvillage.org](mailto:janm@scvillage.org)

### Outreach and Marketing

#### Independent Contractor

Christine Barone  
[christineb@scvillage.org](mailto:christineb@scvillage.org)

## Planned Events

Educational Programs  
Living Well Initiatives  
Social Activities

## Programs and Services

Computer/Phone Assistance  
Indoor & Outdoor Services  
Transportation  
Village Health Companion  
Phone Check-Ins  
Pet Assistance  
Village Guide

## On-Going Activities

Bridge & Lunch  
Dine Around  
Lunch Bunch  
Movie Matinee  
Exploring Technology  
Volunteer Opportunities

## SCV Advisory Board

Kevin Middleton, First VP, Branch Manager, F& M Bank San Clemente  
Jeff Hartmann, Attorney, Estate Planning, Wills & Trusts  
Kathy Carchidi, Alzheimer's Orange County, Family Services Specialist  
Debbie Rose, PhD, CSUF, Dept. Kinesiology & Center for Successful Aging  
Dr. Anmar Obaidi, ODental, San Clemente  
Carolyn Novotny, CEO, Access to Senior Services  
Mark Kosins, MD, Mark Kosins and Associates

