



April 2020

AGING.
BETTER.

Dear San Clemente Village Members and Volunteers,

Life is no longer business as usual. The world, the country, the state, our town and our Village must respond to the Coronavirus and its impact on our daily lives.

As the number of cases continue to rise, unprecedented steps must be taken to slow down the spread. Governor Newsom is “urging people 65 and older and those with chronic health conditions to isolate themselves from others.”

Because of this directive, it’s imperative that San Clemente Village impart a plan to protect you from this rapidly spreading health crisis. To comply appropriately, San Clemente Village must immediately alter the scope of the one-on-one/face-to-face services we provide.

Here is our plan, effective end of day Friday, March 20, 2020 through Wednesday, April 15, 2020

- **All** service requests have been cancelled through April 15th.
- The COVID-19 situation is being constantly monitored and we will make necessary adjustments as required. Flexibility and communication will be key.
- Full-Service Members will be called every week for a Wellness Check. If you need anything, we will connect you to a trained team of Volunteers who will provide information about transportation alternatives and delivery options for groceries and supplies.

Please know that San Clemente Village is there for you – even though we’ve had to alter the way we provide services. You are not alone because we are all in this together.

- If you have questions—just call and we’ll find the answer.
- If you need supplies—just call and we’ll figure something out.
- If you are lonely—just call and we’ll share a laugh together.
- If you are feeling sick—call your primary care provider ASAP!
- Remember to WASH your hands and sanitize surfaces after mail & supplies are delivered.
- We can beat this San Clemente Village because we are Smart and Proactive.

With deep caring for everyone,

SC Village: 949.441.1348
info@scvillage.org
Office Hours: 10:00 am-3:00 pm

Jan Montague,
Executive Director
and the San Clemente Board of Directors



Happy Birthday!

San Clemente Village would like to take you out on the town for your birthday! Every member will receive a free meal and beverage, during their birthday month! If your birthday is in March, call us right away and register for one of the Dining Events.

Check the Event Calendar to register on-line or call the SCV Event Line at 949.441.1348.

Here are the lucky Members for April:

Gordon Hasenbein	4/5
Dale Larsen	4/11
Audrey Borgens	4/16
Melissa Joncich	4/18
Debbie Rose	4/21

Calling all March birthdays! Please join us in April to celebrate.

Let's enjoy a meal together at one of the area's dining spots. Remember to sign up through the SCV Event Calendar or by calling the SCV number at 949.441.1348.

Here's where we are going in April - Join the fun!

Dine Around: Romano's 6-7:30 PM*

Lunch Bunch: Slapfish 12:00 – 1:30 PM*

Please watch for potential cancellations or rescheduling.

Welcome New and Renewing Members

New Members: Linda Becker and Jan Travers

Renewals - Laura Vail, Anne Marr, Beth & Gordon Hasenbein, Sandi & Tom Shoden, Bob Spidell, Jan Montague & Debbie Rose, Ben & Janet Armstrong, Dorothy Bickner, Dale & Leo Larsen, Sue Lueders, Ret Wixted & Tom Eidem, Marie Valore, Jane Powell, Eileen Kawas, Debby Verk

In loving memory of Sophie Kostechko- December 2, 1928-March 14, 2020



We regret to pass on the news that Sophie Kostechko passed away on Saturday, March 14th. Sophie had just joined San Clemente Village in September of 2019 but she quickly captured our hearts with her infectious smile and gift of gab. She was so happy to have found the Village and immediately began to attend social functions and enjoy transportation and home services from our volunteers. Although it was only for a short time, we are grateful for our chance to experience Sophie in our lives. Her family shared that she "loved all the connections she made with our members and volunteers". Thanks to all who connected with Sophie and made a difference in her life.

Resources for Groceries & Supplies Delivery

Getting started with Instacart



Getting started with Instacart

Save yourself that trip to the market — Instacart delivers groceries in as little as an hour! We connect you with Personal Shoppers in your area to shop and deliver groceries from your favorite stores.

Shopping with Instacart is easy!



1. Shop your favorite local grocery stores

Shop from anywhere using your computer, **iPhone**, **iPad** or **Android device**



2. Schedule a delivery

Have your groceries delivered in as little as an hour! You can also have them delivered later in the day or week.



3. Get groceries delivered to you!



Save time and simplify shopping with groceries ordered at the tap of a finger and delivered to your door with Albertsons Grocery Delivery.

<https://local.albertsons.com/ca/san-clemente/804-avenida-pico.html>

Pet Food & Supplies Delivery

PROTEINforPETS

📍 806 Avenida Pico, Suite F San Clemente, CA, 92673

📞 (949)-734-1472

✉️ sanclemente@proteinforpets.com



How it works

We do grocery delivery differently. With climate-controlled delivery and white glove service, you'll think it's better.



You shop

Filter by dietary needs, shop organic produce, discover unique local brands, and save on weekly specials.



You schedule

Enjoy next-day delivery everywhere and same-day in some areas, plus even more options to fit your life.



We deliver

For our professional drivers, delivering your food is a career, not a side gig. They'll only pick the freshest groceries for your home.



What is FreshDirect?

FreshDirect is the smarter way to shop for food. We've hired top food experts, built the perfect environment for the food and found the shortest distance from farms, dairies and fisheries to your table. We have all the irresistibly fresh foods you could want, plus popular grocery brands, all for less than you might be paying now. And we bring it right to your door.

www.freshdirect.com

Restaurant Food Delivery:

grubhub.com



Together, we can help save the restaurants we love.

Local restaurants are relying on us to help keep the lights on. Get **free delivery** on your first order.



doordash.com

We're Taking Active Measures to Ensure Your Food Gets Delivered to You Safe and Secure. No Delivery Fees on Your First Order, Order from Your Favorite Restaurants Today! 100s of Local Restaurants. Dinner Delivered. Pizza, Chinese and More. Easy Ordering. Order Online.

Resources for Transportation

Senior Mobility Program



Call 949.361.6115 for free shuttle/taxi rides for 60+ residents.

Fill in an application, verification process takes two-four days.

Be patient, response may not be immediate. Partners with Yellow Cab to take you grocery shopping. Days and Hours may change due to demand from the the Coronavirus



HOW IT WORKS

GoGoGrandparent allows older adults to utilize on demand transportation companies like Lyft while keeping family and loved ones notified.

What's GoGoGrandparent?

That's us! We make a landline or flip phone function like a smartphone to request licensed and authorized Transportation Network Companies on your behalf with a phone call.

What do I need?

Any phone that can call **1 (855) 464-6872** and that can generate tones by the press of a button. We highly recommend riders have a cell phone so you can always be reached during the ride event. We use your Caller ID to identify who you are so make sure you've registered any number you might call from on your account. You may ask us to modify your account by calling 1 (855) 464-6872 and speaking with an operator.

Telehealth / Telemedicine Information

Due to the [Coronavirus \(COVID-19\)](#) Public Health Emergency, doctors and other health care providers can use telehealth services to treat COVID-19 (and for other medically reasonable purposes) from offices, hospitals, and places of residence (like homes, nursing homes, and assisted living facilities) as of March 6, 2020. Medicare will pay for these services for patients who have seen the health care provider or another health care provider in the same practice. Coinsurance and deductibles apply.

If you have coverage through a Medicare Advantage Plan, you won't have to pay out-of-pocket costs (called cost-sharing) for COVID-19 tests. Contact your primary healthcare provider for more information.

Pharmacies: Hours, Call for Pick-Up & Delivery

Albertson's: 804 Avenida Pico, 949.492.9448; Hours: Daily 9-9, Sat 9-5, Sun 10-6

Sav-On: 989 Avenida Pico, 949.369.5596; Hours: Tues.-Sat, 9-9, Mon, 10-5, Sun, 9-6

CVS: 990 Avenida Vista Hermosa, 949.456.8669; Call about FREE delivery

CVS: 602 North El Camino Real, 949.369.5281; Call about FREE delivery

Store Name	Eligibility	Days/Times
Albertsons	Age 65+	Tuesdays & Thursdays
		7:00am--9:00am
Gelson's Ralph's	Age 65+	7:00am--8:00am
		8:00am—8:00pm
Smart & Final	Age 65+	7:30—8:00am
	Disabled	7:30am--8:00am
Stater Brothers Markets	Age 65+	
	Disabled	7:45am--8:00am
Target	Age 65+	Wed. mornings only
	Medical conditions	8:00am--9:00am

Orange County Office on Aging Resources

PRESS RELEASE # 011

Date: 3-19-20 Time: 14:45 hours

County of Orange to Connect Seniors with Resources During COVID-19 Outbreak

***Office on Aging will assist seniors with linkages to food and
more to help prevent food insecurity***

The County of Orange today announced the availability of resources and support for seniors over 60 who may be self-isolating during the COVID-19 outbreak in Orange County.

Orange County's Office on Aging is available to assist seniors who may not have access to food and other necessities as they self-isolate to avoid exposure to the COVID-19 coronavirus. Older adults and/or their families are encouraged to call the Office on Aging Information & Assistance Call Center at (800) 510-2020 for assistance. Call center staff will screen calls and link senior residents with Orange County community partner organizations.

The Office of Aging serves as the lead advocate for 577,000 older adults residing in the county. The agency is responsible for understanding the needs of Orange County's older adults and utilizing the federal funding and programs available to meet those needs.

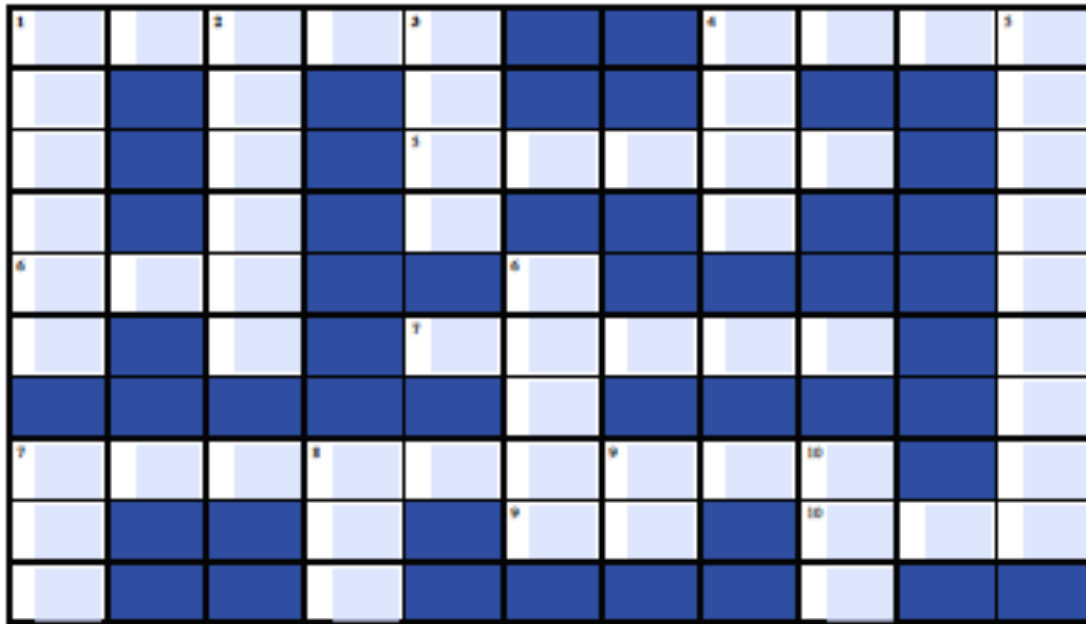
SCV Members

Call the office and we will connect you with a Volunteer to help you locate needed supplies or to help set up an account with Albertson's, Pea Pod or Instacart-for food delivery; Senior Mobility or Go-Go Grandparent-for transportation; or Protein for Pets-for pet food and supplies.

It's easy. Just let us help!

Let's Have Some Fun

IRS Crossword Puzzle



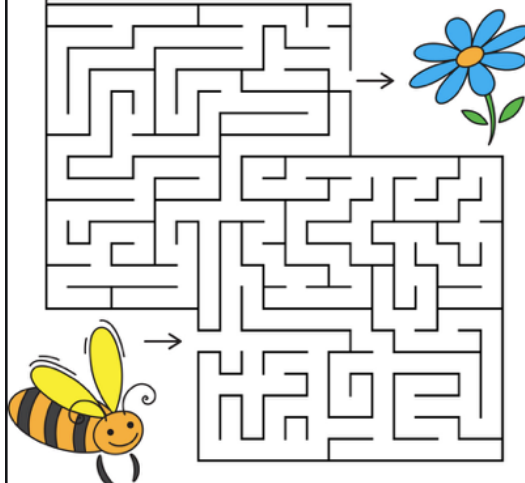
Across

1. Month Tax Returns are Due
4. Put something aside
5. Easy Way to File
6. Male Dependent
7. Traditional Way of filing
8. Tax Filing Date
9. Is that __?
10. Opposite of Even

Down

1. Month Extensions are Due
2. Your Money Back
3. Filed Against your property
4. ____ - employed
5. Business owners make these payments
6. Reported on your W-2
7. Opposite of close
8. What we pay
9. Opposite of Yes
10. Opposite of Cold

Maze Game



Please check-out our web site at www.scvillage.org for links to more fun things. You'll find links to Museums, travel logs and many interesting sites.

Crossword Answers

		T				X			R
D	O		O	S		A			A
E		H	T	N	E	T	F	I	F
T				G					
A		R	E	P	A	P	D		T
M				W			N	O	S
I			F		N		U		U
T		E	L	E	F	E	F		G
S			E		I		E		U
E	A	V	S		L	I	R	P	A

April 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 April Fool's Day	2	3	4
5 Palm Sunday	6	7	8 Passover	9	10 Good Friday	11
12 Easter	13	14	15 Last Day to Register for Sylvia	16	17	18
19 Eastern Orthodox Easter	20	21 Bridge & Lunch, 11:30-2:30 @ Wedgewood, SC Golf Course	22	23 Dine Around Romano's 6:00-7:30 PM First Day of Ramadan	24	25
26 Sunday Brunch Sundried Tomato 11-12:30	27	28 Exploring Technology TBD	29 Lunch Bunch at Slapfish 12-1:30 PM	30 Cabrillo Playhouse Sylvia 7:30-9:30*		

Notes

To register for programs or events, call the SCV Office at 949.441.1348 or on the Event Calendar at www.scvillage.org

*Pre-registration & Payment Required for Sylvia!

General Information

San Clemente Village
P.O. Box 5761
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info@scvillage.org

Board of Directors

President

Bob Coff
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Chase Metcalf

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Outreach and Marketing

Independent Contractor

Christine Barone
christineb@scvillage.org

Planned Events

Educational Programs
Living Well Initiatives
Social Activities

ATTENTION MEMBERS
AND VOLUNTEERS!
OFFICE HOURS:
10:00 – 3:00 PM.
949.441.1348

Programs and Services

Computer/Phone Assistance
Indoor & Outdoor Services
Transportation
Village Health Companion
Phone Check-Ins
Pet Assistance
Village Guide

On-Going Activities

Bridge & Lunch
Dine Around
Lunch Bunch
Movie Matinee
Exploring Technology
Volunteer Opportunities

SCV Advisory Board

Kevin Middleton, First VP, Branch Manager, F& M Bank San Clemente
Jeff Hartmann, Attorney, Estate Planning, Wills & Trusts
Kathy Carchidi, Alzheimer's Orange County, Family Services Specialist
Debbie Rose, PhD, CSUF, Dept. Kinesiology & Center for Successful Aging
Dr. Anmar Obaidi, ODental, San Clemente
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Mark Kosins, MD, Mark Kosins and Associates

