



Important News! San Clemente Village Will Begin Offering ***Essential*** Services Starting Monday, June 22nd

San Clemente Village is excited to begin offering essential services to our full-service Members starting June 22nd. These ***essential**** services will include transportation to medical appointments; pet assistance; home services; grocery and supply delivery; errands; and Village Health Companion for in-home telemedicine appointments.

Our goal is to meet ***essential*** needs while keeping our Members and Volunteers safe. Please review and follow the attached guidelines provided by the CDC for personal safety. These documents cover “What You Can Do To Protect Yourself” and provide guidelines for transportation – “Rideshare/Taxi/Limo and other Passenger Drivers” and “If You Have Pets”. Should you be experiencing any of the listed symptoms, then please cancel your service request or do not volunteer your services. We understand these are lengthy CDC documents but you must read and follow these attached guidelines if you are to receive or provide services.

SCV is in the process of identifying a set of Volunteers who are willing to provide these services to Members. Volunteers, you will be contacted by your Volunteer Coordinator to find out if you are available to provide these services at this critical time. We are asking all Members requesting services to call the office at least one week prior to your appointment since we will have a limited number of Volunteers available.

ALL Volunteers and Members providing or receiving essential services will be required to sign a Liability Waiver prior to the appointment. All Villages are requiring this step so that everyone is aware of the risks to provide these services. We believe everyone is aware of the risks and they are making personal choices to either provide or receive essential services. We believe everyone will follow the published guidelines by physical distancing, wearing a mask, washing their hands, not touching their face, using a hand sanitizer, disinfecting door handles and surfaces, and checking to make sure they are NOT experiencing COVID-19 symptoms. If we all practice the defined safety guidelines—then our risk to provide greatly needed essential services will be reduced.

Thank You, Jan Montague and the SCV Board of Directors

* SCV has the right to determine whether a service request is deemed ESSENTIAL or Not.

Our 2nd Fun Bag Delivery was as much *fun* as getting the Goodies!

See if you can find the Volunteer behind the MASK!

Jan Williams, Judy Bethe, Linda McMahon, Anne Danley, Melissa Joncich,
Maria Gladd, Sandi Shoden, Randy McMahon, Gavin Zanella,
Peggy Mulcay, Julie Schoen, Jeralyn Peters,
Tommy Romero, Beth Hasenbein



Thank you... to everyone who made this fun event possible for our Full-Service Members. We received many messages of appreciation.



San Clemente Village would like to wish the following Members a very Happy Birthday!

6/4/20 Anne Marr

6/8/20 Jane Powell

6/12/20 Mary Ann Johnson

6/21/20 Ret Wixed

We are unable to celebrate birthdays due to the Physical Distancing Directive, however, once life is back to the “new normal”-- we'll plan a big birthday party to celebrate.

**ATTENTION MEMBERS AND
VOLUNTEERS!**

PHONE TEAM OFFICE HOURS:

10:00 AM – 3:00 PM.

Monday-Friday

Members--Please make sure to call-
in your service request **one week**
prior to your appointment!

Thank you! Renewing Members

Social: Bob & Donna Coff

Full: Audrey Borgens and Lora Ward

Calling ALL Jigsaw Puzzlers!



Are you interested in participating in our Puzzle exchange? If so, just call the office at 949-441-1348 and we'll get you set-up!

Life Celebration



We are saddened that we have lost one of our treasured Village members, Jane Mertens. Jane has been a member of our Village since 2018. She depended on the Village for many of our Volunteer services, and was not able to meet very many of our members due to a long-term illness. Many of our dedicated Volunteers assisted Jane and will remember her fondly.

Jane lived in New Orleans, where she had a lively life with many friends. Later, she moved to California to explore the exciting movie industry with associates. Jane loved travel! She toured Europe many times, while visiting her son and his wife—who is a member of European musical companies and most recently a resident of the Israeli Ballet community. She loved History, organic foods, reading, exploring geneology, and her Village volunteers. We will miss Jane!

Welcome to the "FUN CAFE"

A new addition to the SCV Newsletter!
Just grab a COFFEE and enjoy...



If you're in a CREATIVE MOOD, here's a link to explore various art-making projects:

<https://artandhealing.org/community/challenges/>



If you love CLASSICAL MUSIC give these a listen:

https://www.pacificsymphony.org/enhance_your_experience/watch-listen/concert-highlights



Or maybe you prefer JOSH GROBAN or ADELE:

<https://www.youtube.com/watch?v=IA8wOo-IOPM>

<https://www.youtube.com/watch?v=fSOT7mYZ6Cs>



Are you longing to escape to a MOVIE THEATRE?

Check out some SHORTS at a FILM FESTIVAL:

<https://artandhealing.org/filmfest3/>

Whatever you decide to do,
HAVE FUN DOING IT!

I Love San Clemente Village Matching Challenge

Please donate **TODAY** to San Clemente Village.

We are well over halfway to our Goal of \$25,000. Remember every amount donated is matched "dollar-for-dollar" through a generous award from the McBeth Foundation.

Please mail your donation to SC Village, PO Box 5761, San Clemente, CA 92674.

Or, send in your donation via our web site: www.scvillage.org.

We greatly appreciate your support.

Thanks to all who participated.



Let's Talk!

Join Jan, the SCV Executive Director, for a friendly ZOOM *Coffee Talk* on Thursday, June 11th at 10:00 AM.

Please register by Wednesday, June 10th by calling the office at 949-441-1348 or through the event calendar.



It's ZOOM Happy Hour Time!

When: Thursday, June 25th
from 4:30-5:30 PM.

Bring your own beverage and snacks.

We'll laugh, tell stories and spend time connecting with one another.

Please register by Wednesday, June 24th by calling the office at 949-441-1348 or through the event calendar.

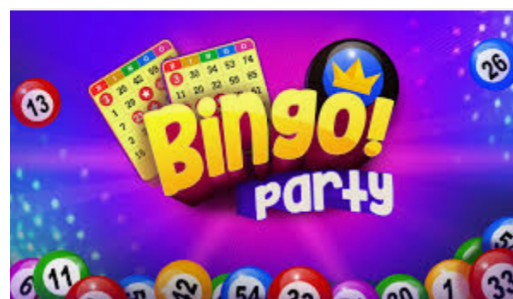
All SCV ZOOM Meeting: Recap of the Start of Services: Tuesday, June 30th. 10:00-11:00.
Please register by Friday, June 26th by calling the office or on the SCV Event Calendar.

Your Virtual Life

How's your virtual life going? Hopefully, you're adapting and making the best of it. It has been a challenge for the Village to offer activities to our members, so we have also gone "virtual" with events to keep you engaged. Our next activity will be **Zoom Bingo!** (If you don't use a computer you can also call in to hear the numbers.) Besides the fun you'll have, there's also a chance to win a prize.

Here is are the prizes:

- Computer consultation with Eric Likness
- San Clemente sweatshirt
- CBD salve
- Gift certificate for Brick (they offer free delivery)
- Ice cream cake from Baskin Robbins



We will play 3 games and the winners will be able to choose between the prizes. With 5 options, even the winner of the last game will have a choice. The games are scheduled for Wednesday, June 17th at 11am. To receive Bingo cards, you **must** register by Friday, June 12th. Call the office at 949-441-1348 and we will get you registered.

We hope to "see" you there! Sherry and Maria

What You Can do if You are at Higher Risk of Severe Illness from COVID-19

Are You at Higher Risk for Severe Illness?



Based on what we know now, those at high-risk for severe illness from COVID-19 are:

- People aged 65 years and older
- People who live in a nursing home or long-term care facility

People of all ages with underlying medical conditions, particularly if not well controlled, including:

- People with chronic lung disease or moderate to severe asthma
- People who have serious heart conditions
- People who are immunocompromised
 - Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications.
- People with severe obesity (body mass index [BMI] of 40 or higher)
- People with diabetes
- People with chronic kidney disease undergoing dialysis
- People with liver disease

Here's What You Can do to Help Protect Yourself



Stay home if possible.



Wash your hands often.



Avoid close contact and stay at least 6 feet (about 2 arms' length) from other people.



Clean and disinfect frequently touched surfaces.



Cover your mouth and nose with a cloth face cover when around others.



Cover coughs and sneezes.

Coronavirus Disease 2019

What Rideshare, Taxi, Limo, and other Passenger Drivers-for-Hire Need to Know about COVID-19

Coronavirus disease 2019 (COVID-19) is a respiratory illness caused by a virus called SARS-CoV-2. [Symptoms](#) often include cough, shortness of breath, fever, chills, muscle pain, sore throat, or new loss of taste or smell. Our understanding of how the virus spreads is evolving as we learn more about it, so check the [CDC website](#) for the latest information. The virus is thought to spread mainly from person-to-person:

- Between people who are [in close contact with one another \(within about 6 feet\)](#)
- Through respiratory droplets produced when an infected person coughs, sneezes, or talks

Recent studies indicate that the virus can be spread by people who are not showing symptoms. It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes. This is not thought to be the main way the virus spreads, but we are still learning more about this virus. Older adults and people of any age who have serious underlying medical conditions may be at [higher risk for more serious complications](#) from COVID-19.

As a rideshare, taxi, limo, or other driver-for-hire, how can I protect myself and others?

As a driver-for-hire, potential sources of exposure include having close contact with passengers with COVID-19, or touching surfaces touched or handled by a person with COVID-19.

Stay home if you are sick

- If you develop a fever, or symptoms such as a cough or difficulty breathing, call your healthcare provider for medical advice and guidance before visiting their office.
- You should not return to work until the [criteria to discontinue home isolation](#) are met, after talking with your doctor or nurse.

Wear a cloth face covering


- [CDC recommends wearing cloth face coverings](#) in public settings where other social distancing measures are difficult to maintain, especially in areas where there may be a lot of infected people.
- Cloth face coverings may prevent people who don't know they have the virus from transmitting it to others.
- These face coverings are not surgical masks or respirators and are not appropriate substitutes for them in workplaces where masks or respirators are recommended or required.

Limit contact

- Avoid providing pooled rides or picking up multiple passengers who would not otherwise be riding together on the same route.
- Tell the passenger to sit in the back seat; do not let passengers sit in the front seat.
- Avoid close contact with passengers, when possible.
 - Keep a distance of at least 6 feet from passengers when you are outside the vehicle.
 - Ask that passengers sit six feet from the driver when transporting passengers in larger vehicles such as vans and buses.
 - Consider asking passengers to handle their own personal bags and belongings during pick-up and drop-off.

- If you work for a company that offers a large fleet of vehicles, ask company management for a car/taxi (when applicable) with a partition between driver and passengers, if available.
- Avoid using the recirculated air option for the car's ventilation during passenger transport; use the car's vents to bring in fresh outside air and/or lower the vehicle windows.
- Avoid offering items such as water bottles or magazines often provided for free to passengers.
- Avoid contact with surfaces frequently touched by passengers or other drivers, such as door frame/handles, windows, seatbelt buckles, steering wheel, gearshift, signaling levers, and other vehicle parts before cleaning and disinfection.

Clean and disinfect

- Get and carry cleaning and disinfectant spray or disposable wipes and disposal trash bags with you in your vehicle.
- Follow the directions on the cleaning product's label.
- If surfaces are visibly dirty, they should be cleaned with detergent or soap and water prior to disinfection.
- At a minimum, clean and disinfect frequently touched surfaces in the vehicle at the beginning and end of each shift, and between transporting passengers who are sick.
- Appropriate disinfectants for hard non-porous surfaces include:
 - [EPA's Registered Antimicrobial Products for Use Against Novel Coronavirus SARS-CoV-2](#) 
 - Diluted household bleach solutions prepared and used according to the manufacturers label for disinfection if appropriate for the surface
 - Alcohol solutions with at least 70% alcohol.

Practice everyday preventive actions

- Avoid touching your eyes, nose, or mouth.
- Proper [hand hygiene](#) is an important infection control measure. Keep in mind where you can access and use facilities with soap and water during your shift. Wash your hands regularly with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer containing at least 60% alcohol.
- Key times to clean hands include:
 - Before, during, and after preparing food
 - Before eating food
 - Before and after using the toilet
 - After blowing your nose, coughing, or sneezing
- Additional times on the job to clean hands include:
 - Before and after work shifts
 - Before and after work breaks
 - After handling passengers' personal belongings, if unavoidable
 - Between rides and after handling/exchanging money
 - After putting on, touching, or removing cloth face coverings
 - Before wearing and after removing cold-weather gloves
 - Before and after pumping gas
- Carry tissues in your vehicle to use when you cough, sneeze, or touch your face. Throw used tissues in the trash.


Passengers

- Ask passengers to wear a cloth face covering and cover their mouth and nose with tissues if they cough or sneeze. Ask the passenger to dispose of the tissues after exiting the vehicle.

Coronavirus Disease 2019

If You Have Pets

Key Points


- CDC is aware of a small number of pets worldwide, including cats and dogs, [reported](#)  to be infected with the virus that causes COVID-19, mostly after close contact with people with COVID-19.
- Based on the limited information available to date, the risk of animals spreading COVID-19 to people is considered to be low.
- It appears that the virus that causes COVID-19 can spread from people to animals in some situations.
- Treat pets as you would other human family members – do not let pets interact with people or animals outside the household. If a person inside the household becomes sick, isolate that person from everyone else, including pets.
- This is a rapidly evolving situation and information will be updated as it becomes available.

For more information on COVID and Animals, see [COVID-19 and Animals](#) and [COVID-19 and Animals Frequently Asked Questions](#)

Coronaviruses are a large family of viruses. Some coronaviruses cause cold-like illnesses in people, while others cause illness in certain types of animals, such as cattle, camels, and bats. Some coronaviruses, such as canine and feline coronaviruses, infect only animals and do not infect humans.

Risk of people spreading the virus that causes COVID-19 to pets

We are still learning about the virus that causes COVID-19, but it appears that it can spread from people to animals in some situations.

CDC is aware of a small number of pets, including dogs and cats, [reported](#)  to be infected with the virus that causes COVID-19, mostly after close contact with people with COVID-19. Only a few of the pets reported to be positive showed signs of illness.

What to do if you own pets

Until we learn more about how this virus affects animals, treat pets as you would other human family members to protect them from a possible infection.

- Do not let pets interact with people or other animals outside the household.
- Keep cats indoors when possible to prevent them from interacting with other animals or people.
- Walk dogs on a leash, maintaining at least 6 feet (2 meters) from other people and animals.
- Avoid dog parks or public places where a large number of people and dogs gather.

There is a small number of animals around the world reported to be infected with the virus that causes COVID-19, mostly after having contact with a person with COVID-19. Talk to your veterinarian if your pet gets sick or if you have any concerns about your pet's health.

Protect pets if you are sick

If you are sick with COVID-19 (either suspected or confirmed by a test), you should restrict contact with your pets and other animals, just like you would with people. Until we know more about this virus, people sick with COVID-19 should **avoid contact with pets and other animals**.

- When possible, have another member of your household care for your pets while you are sick.
- Avoid contact with your pet including, petting, snuggling, being kissed or licked, and sharing food or bedding.
- If you must care for your pet or be around animals while you are sick, wear a cloth face covering and wash your hands before and after you interact with them.



If you are sick with COVID-19 and your pet becomes sick, **do not take your pet to the veterinary clinic yourself**. Call your veterinarian and let them know you have been sick with COVID-19. Some veterinarians may offer telemedicine consultations or other plans for seeing sick pets. Your veterinarian can evaluate your pet and determine the next steps for your pet's treatment and care.

For more information visit: [What to Do if You are Sick](#).

Stay healthy around animals

In the United States, there is no evidence that animals are playing a significant role in the spread of COVID-19. Based on the limited information available to date, the risk of animals spreading COVID-19 to people is considered to be low. However, because all animals can carry germs that can make people sick, it's always a good idea to practice [healthy habits](#) around pets and other animals.

SCV is happy to assist with your pets or provide essential home services. Volunteers and Members—make sure you are practicing all of the safety guidelines. Members and Volunteers must practice physical distancing, wear masks, and wash /disinfect hands and all surfaces immediately following the service provided. For pets, Members should have harnesses and leashes handy. Disinfectant for leashes must be available and used prior to walking the pet and after walking.

JUNE 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2	3 Organizational Support Team Zoom Meeting 10:00-11:00	4	5	6
7	8	9	10	11 Zoom Coffee Talk 10:00-11:00	12 SCV Board of Director Meeting 2:00- 4:00	13
14	15	16	17 BINGO via ZOOM 1:00-2:00	18	19	20
21	22 SCV Essential Services to Begin	23	24 Village Movement CA Virtual Conference	25 ZOOM Happy Hour 4:30-5:30	26	27
28	29	30 All SCV Zoom Meeting-Recap on the Start of Services 10:00-11:00				

Notes

To register for programs or events, call the SCV Office at 949.441.1348 or on the Event Calendar at www.scvillage.org

General Information

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Important Information from the SCV Board of Directors

We would like to thank Bob Coff for his years of service to the SCV Board of Directors. Bob served as Treasurer and President. Recently, due to personal reasons, Bob asked to step down from the Board. Cheryl McDowell has agreed to perform the duties as Acting President until SCV holds it's regular election of Officers in the Fall. Thank you Cheryl!



**Cheryl McDowell, Acting President,
San Clemente Village Board of Directors**

Cheryl specializes in all of the insurance needs businesses have including, but not limited to: General Liability; Property; Workers Comp; Employment Liability; Professional Liability, Management Liability, and Health and Life Insurances. In her free time Cheryl enjoys, camping, wine tasting, traveling and attending music concerts with her family and fabulous friends.

SCV Advisory Board

Kevin Middleton, First VP, Branch Manager, F& M Bank San Clemente
Jeff Hartmann, Attorney, Estate Planning, Wills & Trusts
Kathy Carchidi, Alzheimer's Orange County, Family Services Specialist
Debbie Rose, PhD, CSUF, Dept. Kinesiology & Center for Successful Aging
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